Your Term 1 School Fees account

The total cost of the camp includes transport, activities, accommodation and meals. It appears on

Cost

should be necessary.

their departure by 6:00pm at the latest or arrange them to catch their usual school bus home

making sure to be at Elizabeth Ross Park by 2:45pm on Wednesday. All students are required to be at the park by 6:15pm on the first day to role up for the camp. The camp will finish 5:00pm at

Travel Arrangements and Departure/Return Times

0410 332 845 (after hours)

Phone: 4677 1231 (8:30am – 4:30pm)

Somersby NSW 2250

160 Fersons Road

Southern Cross Outdoor Education Centre

Contact Details

Camp address and contact details

Your daughter/son from camp if we believe it is necessary.

You have been warned that we will not accept any blame for any injuries sustained at the camp.

If students breach rules, a warning will be made. If the breach continues, the student will be asked to

Please note that students are expected to comply with the rules of the camp and the

4. Camp fees – Approved by Southern Cross Outdoor Education Centre

5. Pupil’s/Parent’s permission form – this must be completed, signed and returned to

the Southern Cross Outdoor Education Centre

Dear Parents, Carers and Students

19th February, 2016

Year 7 Camp 2016

I. Parent/Carer’s permission form – copy

II. Your daughter/son from camp if we believe it is necessary.

the bonds of friendship.

the year 8 Camp to enjoy each other’s company and strengthen

provides an important opportunity for the year 8 Camp to enjoy each other’s company and strengthen

activities that will challenge them and develop their problem-solving and team skills. The camp

commences from Monday 27th February to Wednesday 29th February. Student participation is a condition of

the Year 7 students will attend a 3 day camp at the Southern Cross Outdoor Education Centre at
Date:

(Starter/Carer)

Signed:

I have read the Southern Cross OEC Information Letter and understand the following medical information on their behalf and details of any limitations within which the child is capable of performing medical procedures to administer any appropriate medical treatment deemed necessary.

I authorize medical personnel to administer any medications on behalf of the above student.

I agree to pay all transportation costs and any travel insurance costs incurred on behalf of the above student. I further authorize medical and assistance expenses incurred on behalf of the above student.

I also give my consent to the teacher/s and assistant to obtain my medical assistance of ambulance services involved. Such permission may take whatever means they deem reasonable to ensure the safety and wellbeing of the students as a group or individually.

Yours sincerely,

[Signature]

Leader of Year

Dear [Name],

The pastoral team are looking forward to a wonderful camp. Please complete and return all forms to your daughter’s Year 7 pastoral teacher as soon as possible. This will be a great opportunity for students in Year 7 to build new friendships, develop their self-confidence, and learn more about themselves.

Students will be working in groups to complete the following activities during the 3 day camp:

Camp activities:

- Tug of war
- Skateboard
- Climbing
- Archery
- Canoeing
- Abseiling

Please place any medications your daughter is required to take in a plastic bag clearly labeled with Medication.

This is the only contact number that will be on site. Please ensure that your daughter is aware of this. Students are expected to be at camp prepared and equipped with their own equipment. Should your daughter require any specific equipment, please let us know.

[Note: The text contains a handwritten signature and date]

[Signature]

Date: 26/2/16

[Signature]
All information supplied or provided by the group leader.

Swimming ability: Weak, Moderate, Strong

☐ NO ☐ OTHER ☐ YES

Does your child sleep wet?

☐ NO ☐ YES

Does your child wear the dock?

☐ NO ☐ OTHER ☐ YES

Home, your child will be required to report to the dock on duty in advance prior to receiving the sand caddy.

Date of last tetanus vaccination:

☐ NO ☐ OTHER ☐ YES

If YES, which vaccine was the last dose given?

Immunization

Limitations

Limitations

Attachment Management Plan

Attachment Management Plan

Insurance

Health

Medicare Number

Phone contact

Relationship to student

Emergency contact

Name:

( ) Phone number

D.O.B.

Email

Address

Name of student

S-6 Medical Information Form

Confidential Medical Information

Please complete all sections. Indicate all when applicable.
Participation in any of these activities is totally voluntary.

Participants:

to safety issues, there will always be some degree of risk for conducting all events in a safe and efficient manner. All instructors and participants in the Southern Cross Outdoor Education Centre are trained to handle safety procedures both in training of instructors and throughout the event. The associated risks are minimised by our strong commitment to risk management, both obvious and inherent risks.

Southern Cross Outdoor Education Centre is an Outdoor Education Centre located in a natural environment, featuring all-terrain vehicles and guided bushwalking and camping activities. Southern Cross Outdoor Education Centre is an outdoor education centre located in a natural environment, featuring all-terrain vehicles and guided bushwalking and camping activities.
### Weather: Somersby Monthly Averages

Please note: winter is very cold up on the mountain. All belongings should be clearly marked or labeled.

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<thead>
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</tr>
</tbody>
</table>

### Hygiene/Health

#### DAY

- Lotion
- Talcum powder
- Earplugs
- Reusable and cloth bags
- Hygiene kit (large)
- Toothbrush and toothpaste
- Sleeping bag/pillow, linen
- Towel
- Shampoo, conditioner and body wash
- Two pairs of socks
- Skincare
- Wipes
- Reusable water bottle
- Medical kit (with medications)
- Hand sanitizer
- Face mask
- Insect repellent (no aerosols)
- Lip balm
- Robe

#### NIGHT

- Robe
- Night shirt
- Pajamas
- Raincoat and Gum boots
- Robe
- Tissue
- Snacks (for afternoons)
- Socks and tights
- Shoes and sandals
- Snack (no sugar, no nuts, no dairy)
- Insect repellent
- Sleepwear
- Talcum powder
- Deodorant
- Insect repellent
- Lotion
- Talcum powder
- Hand sanitizer
- Face mask
- Insect repellent (no aerosols)
- Lip balm
- Robe

### Luggage

- Please have a specific luggage theme and pack their own equipment for camp.
- Students are responsible for their own luggage.
- Luggage is not to be shared.

### Getting Ready for Camp

- Outdoor Education Centre
- This information pack has been designed to help you prepare your camp.
- If you have a specific query that is not covered in this pack, please contact the school or your camp organizers.
- The camp experience provides an opportunity for each child to develop self-esteem, independence, and leadership.
- Camp enables students to access the outdoors through a range of outdoor activities.
- The camp experience provides an opportunity for new skills, new friends, and new experiences — camp should be an enjoyable experience for everyone.