Please bags for wet clothes / towels.

Tissues / handkerchiefs

Optional - camera, money for souvenirs

Beach towel and swimsuits

Bath towel

5 pairs socks

2 Shoppy bags / windbreakers (if cold weather forecast)

3 pairs of track pants (if cold weather forecast)

3 pairs of shorts - NO MINI SHORTS (for safety on echidna)

3 sets underwear

3 T-shirts needed - no single long tops / mid-length tops (for safety on echidna)

Towels - only for going to and from showers

2 pairs of trousers (1 pair for water activities)

Insect repellent

Tea towels (including loo towels):

Toothbrush (make sure it works before you leave home)

Day pack (small backpack for water, sunscreen, etc)

1 pair pyjamas (tracksuit in winter)

Sunscreen

Pillow

Sheepskin bag (extra blanket in winter)

Hat or cap

Raincoat (regardless of forecast)

Water bottle

Meal kit (tea towel, plates, cup, bowl, knife, fork and spoon - dishwasher safe) Non disposable

The checklist below is a guide only. It is a good idea for students to pack their own bags so that they can

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

Please clearly name all items

Gear Checklist - Children (Based on a 2 day camp)
The nearest hospital is The Melbourne Hospital (1 hour) and John Hunter Hospital, Newcastle (1 hour).

There is an ambulance service in The Gardens (10 minutes) and Kanang (10 minutes).

There is on-site First Aid. For any accidents/sick students we have a Doctor in The Gardens (10 minutes).

Camp Team members have First Aid and First Responder certificates.

Teachers will dispense any medication as required.

Asthma

Teachers and their students are to bring their asthma equipment with them. When using asthma inhalers, teachers and students should keep the inhaler in a case. When the inhaler is not being used, it must be kept in a case.

Health, Safety and Medication

We may exclude students whose behavior could result in serious danger to others or themselves. In an emergency, other students may be asked to leave the area. If a student is asked to leave, they are not to return until the area is declared safe.

No alcohol or illegal drugs are to be brought to camp.

Do not eat or drink in tents, except for water.

Respect the natural environment. Use the provided toilet, do not defecate in the bush.

Respect the natural environment. Use the provided toilet, do not defecate in the bush.

Respect male and female areas. Enter no room other than your own.

Close in shoes and these should be worn at all times.

Listen to and follow instructors’ guidelines.

All activities must be supervised by a teacher and instructor.

Never leave camp on an activity without permission.

Students should be aware of these guidelines.