



Seizure Management & Emergency Care Plan

Plan Date

Photo of Student

Student Name

Date of Birth

Emergency Contacts & Phone Numbers

Ph:

Ph:

Type(s) of Seizures

Date of first seizure

Known triggers of seizure

Seizure Pattern (what happens before, during and after)

Medications required:

Name	Dose	Time Given	Form of Administration
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Does your child usually tell an adult if she feels a seizure coming on?

 Yes No

Emergency Care Plan

(please detail step by step how to manage your child's seizure. Please also detail specific incidents when an ambulance should be called)

Name of Doctor:

Contact Number:

Signature:

Parent/ Guardian

I approve the release of this information to staff and emergency personnel. I will notify the College in writing if there are any changes to these instructions. I understand the College will seek emergency medical help if needed and that I am responsible for payment of any emergency medical costs

Name:

Signature:

SEIZURE FIRST AID

Tonic Clonic Seizure

Convulsive seizure with loss of consciousness, muscle stiffening, falling, followed by jerking movements.

- 1** **Time the seizure.**
Protect from injury, quickly remove any hard objects that could cause injury.
Protect the head as best you can - place something soft under the head.
Do not attempt to restrain the person or to stop the jerking.
Do not put anything in the mouth.



- 2** Gently roll the person onto one side as soon as it is practical to do so. This will help keep the airway clear.
Stay with the person until the seizure ends naturally.



- 3** Calmly talk to the person until they regain consciousness. Let them know where they are, that they are safe and that you will stay with them while they recover.



Complex Partial Seizure

Non-convulsive seizure with outward signs of confusion, unresponsiveness or inappropriate behaviour. Can be mistaken for alcohol or drug intoxication.

- During a complex partial seizure you may need to gently guide the person past obstacles and away from dangerous places.
- As the seizure finishes, calmly talk to the person and ask if they are OK.



In the event of a seizure follow instructions in the individual's seizure care plan. However if you do not know the person, or there is no seizure care plan:

Call an ambulance – 000

- ✓ If the seizure lasts more than **5 minutes** or a second seizure quickly follows.
- ✓ If the person remains non-responsive for more than **5 minutes** after the seizure stops.
- ✓ If the person is having a greater number of seizures than is usual for them.
- ✓ If the person is injured, goes blue in the face or has swallowed water.
- ✓ If the person is pregnant.
- ✓ You know, or believe it to be, the person's first seizure.
- ✓ You feel uncomfortable dealing with the seizure.

1300 852 853

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