



School Sports Uniform



The PE and sport program component of the curriculum requires students to participate in both individual and team sports. Gymnastics, self-defence, athletics, fundamental skills and minor games are focus areas in the Year 7 program whilst floorball, cricket, softball, table tennis and trampoline are focus areas in Year 8.

Student safety is a priority so it is essential that the correct sports uniform is worn for all practical physical education and sport and recreation classes. The regulation sports uniform for all students at the college includes;

- Cerise polo sports shirt (*college tracksuit jacket in winter*), coloured fleeces/hoodie tops are **not acceptable**
- Sports shorts
- College tracksuit pants – optional (*no other tracksuit is acceptable*)
College tracksuit jacket may be worn with the tracksuit pants
- Joggers – Substantial gym shoes with firm arch supports and suitable tread for vigorous physical activity. (Dunlop Volleys, canvas, recreational or fashion shoes are **not acceptable**)
- Socks – plain white socks – sports/ankle socks **not permitted**
- Hair ribbon – pink or royal blue

Students are to wear the correct sports uniform on the day sport is timetabled for their year group. The college tracksuit pants and jacket are to be worn when the weather is cool. Students are not to wear a non-regulation jumper, fleece, or 'hoodie' with the uniform.

The swim program is run in conjunction with Gosford Olympic Pool and Royal Life Saving NSW. The program caters for the level of competence of each student and therefore, suits both weak and strong swimmers. Students are to bring goggles, towel, sunscreen and one-piece swimming costume in a sports bag when swimming is scheduled.



St Joseph's Catholic College offers opportunities for students to represent their school in a variety of sports including swimming, touch football, athletics, soccer, netball and basketball. There are pathways to state representation through BBSSA and NSWCCC. Students wanting to know more about representative opportunities should see Mrs Northey, the Rep Sport Coordinator.

