Dear Parents, Students and Staff

I would like to take this opportunity to welcome back all our students and parents to St Joseph’s for 2014. I especially welcome to the College all of our new students and their parents. I hope all of our students have had a relaxing and enjoyable break, and feel fresh and ready to embark on the new school year. It is with much excitement and anticipation that I write my first Joey’s Journal report for the year. I am sure that 2014 will bring tremendous satisfaction and a great deal of success for all in our school community.

I am honoured and feel very privileged to be taking on the role of Principal at St Joseph’s Catholic College. I have had a long association with St Joseph’s, having taught at the College previously from 2000 – 2003 as well as having completed some of my teacher training at St Joseph’s in 1989. My mother and two of my sisters are also former students of the College. I join the St Joseph’s Catholic College community following a 10 year stint at St Peter’s Catholic College as Assistant Principal (6 years) and Principal (4 years). I have been made to feel very welcome at St Joseph’s and would like to thank the staff and students for making me feel so ‘at home’.

The first week of school for the year was very settled. I have been particularly impressed with the very positive start that all of our students have made to the year. Our 133 Year 7 students have embarked on their secondary school education with great determination and have settled into secondary school like veterans.

While it is often daunting starting secondary school life it is perhaps even more so for those students who have joined us in other years as they don’t have the security in numbers. Be assured that we will do everything to make all of our newcomers feel welcome.

New Staff
We welcome to St Joseph’s the following staff for 2014;

- Ms Michelle Dainer – Teaching Visual Arts and Religious Education
- Ms Tracey Simpson – Leader of Learning – Learning Support
- Mr Kane Charles – Teaching Music and Religious Education
- Mrs Alexandra McArdle – Teaching in HSIE
- Ms Emma Fenning – Part-time (0.4) teaching Mathematics and Religious Education
- Mrs Carole Witton – Part-time (0.4) teaching English and Drama

We hope that all of our new staff have an abundance of enjoyable and rewarding experiences teaching and working at St Joseph’s. We feel very fortunate to have such an enthusiastic and talented group of staff members join our staff.

We also welcome back into new roles for 2014;

- Ms Helen Love – Acting Assistant Principal
- Mrs Cathy Toby – Acting Leader of Student Wellbeing
- Ms Adriana Vladika – Acting Leader of Learning – HSIE
HSC Results
Congratulations go to our Year 12 cohort of 2013 for the wonderful HSC and ATAR results they achieved last year. They performed very well individually and as a group, achieving 39 Band 6 results, 144 Band 5 results and 193 Band 4 results. The Band 6 results (marks of 90 or above) were achieved in the following 15 different courses; Ancient History, Biology, Community and Family Studies, English Extension I (2), Food Technology (2), General Mathematics (7), History Extension, Legal Studies (4), Mathematics, Mathematics Extension 1, Modern History (4), PDHPE (2), Senior Science (2), Studies of Religion I (8) and Studies of Religion II.

Special mention goes to Madison D who came 1st in NSW in Studies of Religion I. This is an exceptional achievement and is the result of months and years of dedicated and committed efforts by Madison. Congratulations also go to her Studies of Religion teacher, Mrs Majella Smith, for all her guidance and expertise in preparing Madison for her HSC examination.

The top ATAR rank was achieved by Megan W with a ranking of 97.90. We will celebrate the achievements of our highest scoring students at our Scholars Assembly on Monday 10th February.

Goal Setting / Plans for 2014
Setting goals is an important part of knowing what you want to achieve and working out ways in which you can achieve those aspirations. As the new year begins we will be asking all of our students to consider some of the goals that they may wish to achieve this year. These goals may be short term e.g. getting settled into a study routine within the first few weeks of term 1, or may be long term e.g. working towards an ATAR target of 90 for our HSC students. Regardless of the Year level of your daughter it is important that all students set goals and make them known to others. I would recommend to parents that they talk to their daughter about their goals for the year and help them to formulate plans that will assist them to achieve those goals. The College planner has some excellent information on setting goals.

One of the most important things that we would like to stress is the continued use of the Planner as an organisational tool and learning aid. Please spend a little time with your daughter examining the wealth of interesting information and helpful hints in the planner. If the students use the planners every day as intended they cannot help but be more successful.

God bless and best wishes for a very successful 2014.

Tony McCudden
Principal

FROM THE ACTING ASSISTANT PRINCIPAL
Welcome to 2014
The year is ‘away and running’ – a few days into the term and we are already talking assessment tasks and calendars, camps, half-yearly examinations, the disco, and holidays at the end of this term! Welcome to 2014 at Joeys and an especially warm welcome to all our new parents. It was lovely to see the girls – some more tanned than others but all looking fresh and stress free, bright and for the most part, happy to be back. Hopefully, we can sustain that and make this a very positive and productive year. So far, 2014 has a vibrant and exciting feel to it.

The beginning of the school year provides an opportunity to remind students and parents of some of our policies and procedures.

Attendance
This is a summary of the legal requirements regarding attendance:

Whole day absences and partial absences (late to school and early leavers)
• Notify the College
• You must provide a written explanation within seven school days of your daughter’s return to school or the absence remains as an Unexplained or Unjustified absence and will be recorded as such on student reports
• Partial absences must be converted into the equivalent number of whole day absences

Applications for leave
• A letter must be sent to the Principal requesting leave if the student will be absent for five or more days. Leave applications for more than 15 days require an Application for Exemption from Attendance at School.
• These applications must be submitted to the Principal in writing well in advance of the intended leave date.
• Leave will only be granted without notice or retrospectively in exceptional circumstances.
• The Principal can grant up to 15 days leave per student in a school year.

Punctuality to school and to lessons
The school day begins at 8.30am with a bell to move to...
Pastoral or to assembly. Students are expected to be here and to respond promptly to that bell and indeed all bells throughout the day so that they arrive to every lesson on time. Being punctual is a compliment and a courtesy and demonstrates we respect the person(s) with whom we have the appointment. We are focusing on punctuality this year and have established clear consequences for lateness. Students who arrive late to school without a written explanation will be given an automatic lunch detention the next day. Their name will be removed from the list if a written explanation is provided to Mrs Toby the next morning when they arrive to school. The only exemption that applies is the student’s regulation bus arriving late to school. Please note that lateness is recorded as an ‘unexplained absence’ so requires a written explanation within seven days.

Picking up and dropping off
Please be aware that formal supervision begins each day at 8.20am. We ask that you take this into account if you plan to drop your daughter to school before 8.20am.

If you are dropping off and/or collecting her please arrange to leave/meet her at Elizabeth Ross Park as Russell Drysdale Street is filled with buses and students from 8.15am in the morning and between 3.00 and 3.50pm in the afternoon. The street becomes congested very quickly, leading to many safety issues for students boarding buses and walking from both schools.

Keeping schools safe
Just a reminder to all families that it is against the law in NSW for students to bring knives of any type to school. All knives are considered to be weapons under the legislation and this includes butter knives and plastic knives that the girls might want to use to cut fruit, sandwiches, and birthday cakes. Please ensure that all food is pre-cut as any knife brought to school for any reason will be confiscated and parents contacted.

Management plans for asthma, anaphylaxis and allergies
Parents of students who suffer from these conditions will receive a letter from the College in the near future to request a formal health care plan to assist staff manage your daughter should she experience an attack or reaction at school. It is absolutely vital that parents respond to this letter please.

Mobile phone policy
The mobile phone policy is summarised in the Student Planner. Students and their parents sign a mobile phone use agreement when they enrol at the College thereby agreeing to the strict conditions of having a mobile phone at school and accepting the clear consequences for breaching these conditions. In summary, a signed agreement means students agree to:

- use phones before school, at recess and lunch and after school
- refrain from looking at or using phones for any purpose during lessons
- not photograph or record any student at school

The Leader of Student Wellbeing will approve a student’s access to her phone if an exceptional circumstance requires it and a written request is provided by a parent/carer.

Contacting students
With the mobile phone policy in mind, we ask that parents/carers limit calls and messages to their daughters to recess (generally between 10.35 – 10.55am) and lunch (generally between 12.35 – 1.15pm).

There are times when it is necessary for parents to contact their daughter during the school day to let them know important and often sensitive information. Phone calls or messages like this can be very distressing for your daughter. If this is the case please call your daughter’s Year Leader, Leader of Student Wellbeing or me so that we can assist both you and your daughter.

A make-over for the Student Planner
The Student Planner has had a make-over. Please ask to see it early in the term and note that it has been customised to our College. There are several pages of information about the College including a summary of important procedures for students and parents.

Parents are asked to sign three different pages in the Student Planner at the beginning of the year:-

Pg 18 -agreement to comply with school procedures
19 -your permission for the College to publish your daughter’s work or her photograph on the College website or Internet
20 -your endorsement of your daughter’s agreement to use the Internet responsibly at school

Pastoral teachers will check that parent signatures appear on each of the pages and we thank you for your support.

Students have been reminded that parents are required to sign Planners every week so I ask you to remind your daughter that you need to see it each week. We stress to students that it is NOT a Diary but an organizational tool and a record of their academic commitments at school. Therefore, it is not private so all teachers expect students to arrive to class with it and have it accessible on their desk. Teachers use it to communicate with you about behaviour choices and progress. Parents are encouraged to do the same. The
Planner has a wealth of useful information and study tips so spend a little time flicking through it when you sign it.

**Uniform**

We take great pride in our school and in the students who attend. We want them to always look their best. That means being in the correct College uniform. This is clearly outlined at the front of the new look Student Planner (pages 16 - 18) and is also on the College website [http://www.sjcc.nsw.edu.au/enrolment/dsp-default.cfm?loadref=132](http://www.sjcc.nsw.edu.au/enrolment/dsp-default.cfm?loadref=132). We ask parents to assist by checking that the girls leave home wearing the correct uniform with skirts at the appropriate length, school shoes with a distinct heel and arch support, hair tied back, minimal jewellery and with sleeves rolled down. On cold days, students must wear the College jumper – non-regulation jumpers and ‘hoodies’ will be confiscated, even if it is a cold day.

**Peer Tutor program**

This program is now in its 3rd year. Year 11 students volunteer to train as Peer Tutors to support Year 7 students in particular, in developing 3 main skill areas –

- Organization and skills associated with scheduling and planning learning tasks
- Maths and numeracy
- Reading comprehension, language and written expression

Peer tutoring provides enormous benefits for both tutors and tutees. The first training session is scheduled for this week.

Enjoy the school year ahead. It will be very busy. If you have any concerns about your daughter, please contact her Year Leader. Please don't hesitate to contact Mrs Toby or me if you need to. We all hope you and your daughter have a happy and settled year.

**Helen Love**

**Acting Assistant Principal**

**School Captain’s Welcome Speech to Year 7 2014**

The journey from a Joey's girl to a Mackillop woman is just beginning for all you girls here today. Right now, you're on your very first day together as young women in the Josephite tradition. Your high school education at St Joseph's will be full of brand new experiences - an entirely new kind of classroom, having more than just one teacher, new friends, new memories. In little more than five years, the girls I see in front of me today will be fully grown Mackillop women, and even the situations you encounter on this very day will have contributed to you becoming a woman who is independent, intelligent, confident and ready to fight for justice and to never see a need without doing something about it. (You'll wish you got paid for every time you hear that phrase - it'd be big money, I'll tell you that much!)

I can remember where my transformation from a Joey's girl to a MacKillop woman began. I donned my blue shirt and my skirt, leaving the waistband unrolled and the hem sitting well below my knees, my glowingly white socks rolled right down to my anklebones. I learned many things that day - that it was quite difficult for my short, eleven and three quarter year old legs to make it up and down the stairs in what felt like a thousand times a day (something I still find a challenge due to the fact that I stopped growing completely at age 12), that there were so many girls who were as absolutely petrified of starting at a new school as I was, and that I wouldn't have to sweat my behind off wearing my blazer every day - just in Terms 2 and 3.

I realised on the very first day of year seven that the girls from my primary school, even some of my very best friends, were perhaps not the friends for me. I discovered a new group of friends and nervously asked in my first geography lesson if I could join them at recess to sit and eat. Those girls I am still friends with to this day, despite our group growing and changing constantly, and everyone gradually finding their way off to other groups (that group is completely gone now!) I think it's important to know that you can feel absolutely free to be yourself at St Joseph's - this has been something I've always been especially focussed on as a person, and the environment of the school allows me to express my thoughts and opinions and share my personality with everyone I come across.

Everything from athletics and swimming carnivals to discos with St Eddies to classroom discussions have been the blank canvases I've been able to paint my Dani B masterpiece on. The teachers I've had throughout the years are certainly some of the most unforgettable and tirelessly supportive human beings I have ever had the fortune of meeting. They are people you will learn to trust, to have a cry to, to have a cry WITH to go to for guidance, to rely on in times of trouble, sadness, and when hormones are getting the better of you. You will feel at times like you have no friends; nobody to turn to. But I'll risk sounding like a total teacher's pet to say to you girls today that at times there is no better friend than a teacher. Funnily enough, you will LEARN things from your teachers! However, there are things you can take beyond all the stuff you need to learn for exam time that you'll learn from these teachers. I remember getting my very first detention in year 7, when I had forgotten to bring in work to my English teacher that had been overdue for a while already. It was towards the end of year 7, when I started to think I was old and cool, and perhaps getting a little too comfortable with high school. Now, that detention was a huge shock to the system, and I've never got one since. It was not cool to get a detention. I dropped the cool act after that. It was a lesson of responsibility, one of the most important lessons I've learnt at Joeys. I'm well on my way to becoming a fully-fledged Mackillop woman, and the big, scary real world is dawning on me. Even with the
HSC, responsibility is coming into play – I’m responsible for getting my work done and staying organised. It’s through small things that teachers can change your life in a big way.

There are so many parts to the growth from a Joey’s girl to a MacKillop woman that have been so important to me and will be to you girls as well. Don’t get too caught up in yourself. Enjoy the simple things, like your friends, your teachers, and the smell of your bag before it’s had a thousand nectarines mashed into the bottom of it. I hope you have a super day. Thanks girls.

Dani B
College Captain

FROM THE LEADER OF RELIGIOUS EDUCATION

Welcome back to a new school year. Please join the staff and students for Mass on Tuesday mornings in Shekinah at 8.05am. This invitation would particularly apply to you if your daughter’s class is preparing the Mass.

Nicole Harrison
Leader of Religious Education

FROM THE LEADER OF LEARNING AND TEACHING

Welcome to 2014. The college has celebrated the highly rewarding HSC results achieved by the Year 12 class of 2013. 98 students completed the Higher School Certificate last year. Madison Doorn was honoured with her outstanding achievement of placing first in course in Studies of Religion I and was presented a Certificate for Excellence from the Minister of Education. A total of 40 places on the NSW Distinguished Achievers List were awarded to students who studied HSC courses in the college. St Joseph’s offered a total of 32 HSC courses in 2013 and of those, 18 courses were above state average. The number of Bands 5 and 6 (which is equivalent to a HSC mark of 80 or above) awarded to the 98 students was 183. These commendable results placed St Joseph’s amongst the highest performing schools on the central coast. Congratulations Year 12 2013.

The staff at the College encourages all students to make the most of their learning opportunities by taking responsibility for their own learning. For optimal results students should endeavour to:

- work to the best of their ability;
- be organised for each lesson with the necessary equipment – e.g. charged tablet device, work book, textbook, writing equipment, calculator etc;
- complete all class work, homework and assignments;
- meet deadlines and keep work up to date;
- catch up on any missed work due to absence;
- strive for continual improvement; and
- seek help when needed.

Each student in Years 7 – 11 will be issued with Assessment Handbooks in the coming weeks. Please encourage your daughter to read through these handbooks carefully and to become familiar with the content in them to allow adequate planning and preparation for assessment tasks. The front pages of each Assessment Handbook have important information about assessment policy and procedures.

2014 promises to be another exciting year for learning and teaching at the college with the National Curriculum commencing in Year 7 and Year 9 for English, Mathematics, Science and History. As well, Year 7 and Year 8 will be using tablet devices and eBooks in many of their lessons. Best wishes to all students and families for an enjoyable year ahead.

Kathy West
Leader of Learning and Teaching

FROM THE LEADER OF STUDENT WELLBEING

Welcome to 2014. I hope you all had a wonderful break and Christmas. It is great to see the girls back at school all healthy and eager to learn. There are a number of events to look forward to this term. Students in years 7, 8 and 9 will be going on camp towards the end of the term. Year leaders will get information to you all in the next few weeks. We ask that all camp information is returned promptly so that year leaders can organise the information for the camp providers.

Years 10, 11 and 12 have study skills days during February and March to look forward to. These are very valuable in giving the girls the skills to study and perform at their best in the HSC. In addition to providing the girls with the skill there is an evening for all parents to attend on the 20th February. A flyer with details of this evening will arrive home soon. I would encourage all parents to attend as the information will be invaluable in helping your daughters through their senior years at the College.

Role of Year leaders

As you would know each year group has a year leader who is in charge of the pastoral care of the girls. Their role is a very important one. They are there as a line of communication between you and the school. I would recommend if you have any worries or issues in relation to your daughter and her overall wellbeing, contact the year leader as your first point of call.

Year 7 Mrs Parsons
Year 8 Mr Gahan
Uniform
The majority of girls have returned to school looking very well presented in their school uniforms. One area that we have noticed that needs attention is the length of the girl’s skirts. Our uniform policy on skirt length is ‘the hem should fall to the top of the knee when standing’. Many of the girls have grown over the holidays and it may be necessary to let skirts down or to purchase new ones if they have outgrown them. We ask all parents to support us in this policy.

I am looking forward to continuing my role as Acting Leader of Wellbeing and encourage you to contact me if you require help with your daughters’ wellbeing.

Cathy Toby
Acting Leader of Student Wellbeing

FROM THE BUSINESS MANAGER

School Fees
All families were sent a fee Statement for 2014 fees this week. If you have not received your statement as yet can you please contact the College immediately as we must be missing some contact details for you which will mean you will miss out on future correspondence from the College if not corrected.

You will notice on your statement that the fee schedule appears along the bottom. It is expected that you pay the scheduled amounts on the dates stipulated otherwise your account will appear as overdue. If you wish to vary your payments from the current schedule please let us know so that we can amend your schedule accordingly. Bpay is our preferred method of payment but we will also accept cash, cheque and eftpos payment if this is easier for you.

If you are currently facing financial hardship and are concerned about paying your fees please contact the College and discuss payment options. In the case of genuine financial hardship fee support can be arranged.

School Photos - Wednesday 12th March 2014
School Photo packs have gone home to all families. Can you please indicate your selection of photo packs and send the envelopes back to the College with the correct money on the College Photo Day not prior. Please note that the College will not be able to provide change on the day for photo envelopes.

Nicole Murphy
Business Manager

FROM THE LEADERS OF LEARNING

English Faculty News
Welcome back everyone to a year full of interesting activities and high expectations for all our English students. Firstly, I would like to congratulate the 2013 Year 12 students on their impressive achievements and wish them all the best of luck in their future endeavours post school.

The English Faculty is very excited about our staffing arrangements for 2014. We welcome back Ms Beatson, who has spent the last twelve months at Gosford High School. We also welcome new members of staff: Mrs Carol Whitton, who will be in a job share position with Ms Gostan, and Ms Ashlee Stevens who has secured another twelve month position with the college. I would also like to personally congratulate Mrs Stephanie Archer on becoming the Assistant Leader of Learning. Mrs Archer’s insights and exceptional commitment to the school will be an added asset to the management of the English Learning area. Mrs Archer will be responsible for Years 9 and 10.

This year in the English Faculty there will be a number of excursions and incursions designed to both engage and challenge your daughters. In Year 8, students will be viewing a live performance of ‘Twelfth Night’ performed by the Sydney Theatre Company. The excursion will hopefully provide some students with their first opportunity to see a Shakespeare performance live (the best way to study them!). Year 9 will be visited by the performance group ‘Poetry in Action’ who will bring the study of poetry to life for them. We are currently looking into booking a live performance of Macbeth for the Year 10 students and, of course, Year 12 will be viewing a live performance of their set HSC text ‘Hamlet’. Fortunately this year we are able to combine the viewing of this performance with St Edwards.

The English Faculty hopes to continue its outstanding achievements in the areas of Public Speaking and Debating in 2014 and we encourage all the girls to try out for the teams as the competitions are announced.

If you have any concerns regarding your daughter’s academic progress in English, please feel free to contact either your daughter’s English teacher or me. Thank you for your continuing support of the English Faculty and the College.

Sue Back
Leader of English
FROM THE YEAR LEADERS

Year 7 News
A huge welcome to our Year 7's and families for 2014. A very settled and successful transition into high school has been experienced by these absolutely delightful young ladies.

The staff at the College has been extremely impressed by how positive, attentive and cooperative the girls have been and I must admit I have enjoyed being part of their enthusiasm.

High schools are incredibly busy places and as we hit the ground running, Year 7 has already been inundated with information and activities. Our BBQ and games with St Edwards was an opportunity to show how much better girls are at skipping compared with the boys and the self-defence lessons in sport this week have also created some excitement.

With our ‘Welcome to Families BBQ’, swim trials and carnival, collection of the new tablets in the coming weeks, it will be clear just how busy a day in the life of a Year 7 student can be at St Joseph’s.

Please do not hesitate to contact me with any questions or concerns you may have regarding your daughter's welfare at the College. Have a great week.

Lisa Parsons
Leader Year 7

LIBRARY NEWS

MacKillop Library News and Information
The library staff would like to extend a warm welcome to all new students and parents who have joined the college community this year. We also welcome Mrs Rita Vidgen to the library staff on Mondays and Tuesdays. Mrs Vidgen is a library technician and replaces Mrs Cathy Sneddon who retired last year.

Destiny
The library catalogue is called Destiny. As well as allowing students to search for books and other resources, Destiny provides access to subscription databases, over 70,000 teacher-selected websites and other information gateways through the Destiny homepage.

Girls are able to access Destiny from home through this URL: http://destiny.dbb.org.au Students should log in to Destiny to access all the library resources. Once logged in, students can renew books and also put books on hold. If girls need assistance with their log in they should see the library staff.

Libguides
Libguides is the library website: http://libguides.sjcc.nsw.edu.au/home

This is an information portal providing access to all our digital library resources, including World Book Encyclopedia online and various subscription databases. There are also subject guides which are very useful in assisting with assessment tasks; information on how to research effectively; and the latest news on books and reading. There is also a technology page which provides handy hints and troubleshooting for girls in Years 7 & 8 with Lenovo tablets.

Printing and photocopying at the College
At St Joseph’s some faculties may set tasks for students that require high quality colour printing. In cases where printing is an essential element of the subject being taught, an amount of money is included in school fees to cover printing costs associated with specific tasks. Students in these courses follow directions from their teachers and these tasks are printed at no extra cost to students.

Students do need to pay for the majority of their printing and photocopying. All new students to the college are given a beginning credit of $5.00. Each student’s printing balance is displayed each time they logon to the college network. When their credit is running low, girls need to bring in money to the library in order to top up their printing/photocopying account.

Printing and photocopying charges

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<td></td>
<td>A3</td>
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Borrowing YAF Fiction
The library holds a wide variety of fiction that the girls may borrow for either recreational reading or as part of the wide reading programs offered by the English faculty. These books are purchased to cater for a wide range of ages, reading ability and interest. Some of the books in our collection may deal with contentious issues, or be explicit in content or language. Where possible these books are designated with a YAF (Young Adult Fiction) call number. If you would prefer your daughter not to borrow from the YAF collection, we would appreciate written notification from you.

If you require further information about any of these matters, please feel free to contact the library.

Karen Powers
Teacher Librarian

COMMUNITY NEWS

Living with Teens
Courses
A reminder to participants that the Living with Teens courses commence Monday 10th February 2014 at 6.30pm and Tuesday 11th February 2014 at 9am.

There are limited positions available in the Tuesday Morning course from 9.00-11.30am. For further information and to book please ring Christine Hain (College Counsellor) 4324 4022.
The Canteen provides healthy food choices for your daughters at Recess and Lunch Time, whether it be on a regular basis or for those special days when bread etc. is unavailable at home.

To keep prices at an affordable level, the canteen relies on volunteers to assist the Canteen Manager, Mrs Gerrie. Without the assistance of volunteers we would not be able to provide this service.

If you can help in the Canteen, please fill out the notice below as soon as possible, so that the Roster for 2014 can be drawn up.

Time spent is usually only from 9.30 am till 1:30 pm and lunch is provided.

The Roster days are once per month.

We welcome any family members – mothers, fathers, grandparents, aunts, uncles etc. Come along, be involved in the school community, meet other parents and help your school.

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<th>Day</th>
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<th>Second Choice</th>
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<td>Friday</td>
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Name: ________________________________       Phone No.: __________________
Daughter's Name: ______________________               Pastoral Class: ____________

A list of dates will be sent home as soon as possible.
# Canteen Price List - Summer
Term 4, 2013 & Term 1, 2014

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</tr>
<tr>
<td>Flat Bread/Salad</td>
<td>4.00*</td>
<td>Muffins/Lo Fat</td>
<td>2.00*</td>
</tr>
<tr>
<td>Flat Bread/Chicken/Salad</td>
<td>5.00*</td>
<td>Finger Bun Lo Fat</td>
<td>2.00*</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chips</td>
<td>1.00</td>
</tr>
</tbody>
</table>

- **Available at Recess**
  - Salad Roll with Cheese     | 3.00*| Hot Cheese Rolls (RECESS ONLY) | 2.00*|
  - Roast Chicken Sub          | 3.00*| Popcorn (warm)                | .80  |
  - Club Sandwiches            | 3.00*| *SALADS – Available fresh daily|      |
  - Baby Wrap                  | 3.00*|                            |     |

- **Extras**
  - Sauce/Mayo/Sweet Chilli/Salad Oil | .30*| Chicken Caesar Salad (sml) | 3.00*|
  - Lettuce/Beetroot/Tomato      | .50ea*| Fruit Salad (Baby)          | 1.00*|
  - Cheese/Tasty                 | .70*| Salad and Chicken (med box) | 4.50*|
  - Salad                       | 1.20*| Greek Salad (med box)       | 4.00*|
  - Forks                       | .10  |                            |     |
  - Toasted                     | .50* |                            |     |
  - Bags for lunch orders        | .10  | Low Fat Mayonnaise          | .30* |
  -                              |      | Low Fat Caesar              | .50* |

- **Hot Food (available in lunch orders only)**
  - Chicken burger              | 4.00*| Balsamic/Italian Dressing   | .30* |
  - Ham, Cheese & Tomato (toasted) | 4.00*|                            |     |
  - Sausage Rolls – Lo Fat       | 2.50*| Fruit Salad Cup             | .80* |
  - Vegetable Burger             | 4.00*| Apples – Slinkies: Red or Green | .60* |
  - Toasted Cheese Jaffle        | 3.00*|(Apple slinkies 20c if you supply your own fruit) |
  - Toasted Cheese/Tomato        | 3.50*|                            |     |
  - Toasted Chicken/Cheese       | 4.00*| Watermelon cup              | .80* |

- **Dressings**
  - Sweet Chilli Sauce           | .30*|                            |     |
  - French Salad Dressing        | .30*|                            |     |

- **FRUIT - When in season**
  - Chicken burger              | 4.00*|                            |     |
  - Ham, Cheese & Tomato (toasted) | 4.00*|                            |     |
  - Sausage Rolls – Lo Fat       | 2.50*|                            |     |
  - Vegetable Burger             | 4.00*|                            |     |
  - Toasted Cheese Jaffle        | 3.00*|                            |     |
  - Toasted Cheese/Tomato        | 3.50*|                            |     |
  - Toasted Chicken/Cheese       | 4.00*|                            |     |

- **Indicates healthy choice & MSG Free**

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**DAILY SPECIALS**

**RECESS**
- Monday: Hot Cheese Rolls $2.00
- Tuesday: Same as Monday
- Wednesday: Same as Monday
- Thursday: Same as Monday
- Friday: Same as Monday

**LUNCH ORDERS ONLY**
- Monday: Hawaiian Wrap $4.00
- Tuesday: Chicken Caesar Wrap $4.00
- Wednesday: Italian Meatball Sub $4.00
- Thursday: Tandoori Style Chicken & Salad Wrap $4.00
- Friday: Taco Box $4.00

*Indicates healthy choice & MSG Free