Dear Parents, Students and Staff

Project Compassion
During the liturgical season of Lent we have the opportunity to consider those less fortunate than ourselves and to share what we have with others. Project Compassion began fifty years ago, growing out of an idea of several groups of parishioners wanting to help the poor. It was believed that one way of expressing love, compassion and solidarity with the poor was to raise funds to provide relief for them.

Project Compassion 2014 carries Jesus’ commitment for all for a life of abundance: “I have come so that they may have life and have it to the full.”

Each Pastoral Class at St. Joseph’s has a Project Compassion box for our students to make donations. I would encourage all of our students to be generous and to consider the needs of others, to work for peace and justice, by donating to Project Compassion over the next 4 weeks.

College Swimming Carnival
The College Swimming Carnival, held at Peninsular Leisure Centre, Woy Woy on Wednesday of this week was an outstanding success, with wonderful participation from the students. The encouragement the students showed towards one another and the school spirit they displayed was exceptional. All students are to be congratulated for their involvement, for their support of the school and for the positive contribution they made to the overall success of the day. Our students were led superbly by our Student House Leaders and our Year 12 students. Our thanks and congratulations also go to Mrs Northey, the College Representative Sports Coordinator, our Leaders of House and the rest of the College staff for their wonderful efforts in creating such a great event for our students. Congratulations to Dewey House (Green) on taking out 1st place at the Carnival and to Carroll House (Blue) for taking out the Spirit Cup on the day.

Year 7 2015 Information Afternoon/Evening
On Tuesday 18th March we will be holding our Year 7 2015 Information Afternoon/Evening for all prospective students and their parents. Parents and students will have two time options of attending a tour of the College, followed by a short information session. The two time options are a 3:45pm start with a 5:30pm finish, or a 5:45pm start with a 7:30pm finish. The tour of the College and inspection of the wonderful facilities at St. Joseph’s will be led by some of our students. Details of the afternoon can be found in the enrolments section of the College website.

Year 12 Examinations
All students in Year 12 should receive, next week, a copy of their examination timetable for the upcoming examination block. The exams begin for Year 12 on Monday 31st March and conclude on Friday 11th April, the last day of Term 1. Please note that Year 12 students are only required to attend school when they have an examination to complete. All students should now be involving themselves in regular revision of their work in preparation for their exams. We hope and pray that all our students prepare themselves well for their exams and that they receive results that they can be proud and deserving of.
School Disco

We hope that the School Disco, which will be held on Thursday 20th March in the ERC from 7pm to 10pm, is an enjoyable social event for all the girls who decide to attend. To help ensure the safety of all students who attend the disco we will have a Breathalyser machine on hand on the night. It is a condition of entry that students (of all year groups) are willing to be breathalysed on their arrival at the disco. If any student is not willing to be breathalysed or if they return a reading that indicates that they have been drinking they will not be permitted to enter the disco and their parents will be called to collect them from the venue.

To further ensure the safety of all students, any student who displays any form of inappropriate behaviour during the evening will have their parents contacted to collect them from the disco.

God bless,
Tony McCudden
Principal

FROM THE ASSISTANT PRINCIPAL

Highlights this fortnight

1. The vast majority of girls and staff would say the swimming carnival if asked to nominate their highlight this fortnight. It was very colourful, loud, well supported and demonstrated the outstanding leadership skills of our Year 12 students. They swam their hearts out and led their houses in cheers and relays. They established a standard for Year 12 in the future. The wonderful atmosphere and spirit generated by all girls meant we all had a thoroughly enjoyable day.

2. Year 10 Peer Mentors presented a creative and engaging lesson on our College history to Year 7 last Friday. Some dressed as Sisters of St Joseph; others in house costumes. The mentors were brilliant and the Year 7 students learned much about our school.

3. Ten students from Years 9 and 10 attended a leadership conference presented by Grip Leadership at Homebush last week. The conference workshops were designed to develop the skills for successful student leadership including how to manage a project that delivers benefits for students. The girls were challenged by the experience and inspired by working with student leaders from different schools. The girls who attended a similar conference in 2013 were instrumental in leading the SRC project that delivered two water refill stations providing filtered water to students in the grounds.

4. All students attended a special liturgy on Ash Wednesday. Mrs Cath Toby and Mrs Fiona Green presented a very powerful liturgy around the theme of ‘Women in Poverty’ to inspire the girls to give even more generously to Caritas this year and exceed our contribution of $6500 in 2013.

College photo day

Individual and class photographs will be taken Tuesday next week. Students must be in full summer uniform. Girls may have their hair out for their individual photo but it must be tied back for their class photo. There will be an opportunity for sisters to have a sibling photo.

Improving How You Study Units

St Joseph’s Day Mass

We celebrate this very significant day in our calendar on Wednesday 19th March with Mass at 9.15am in the ERC. Several special guests will join us for Mass. Year 7 and students new to the College in 2014 are presented with their College badge and a Mary MacKillop medal at this Mass. It is a formal occasion so all girls are to wear their summer uniform with their skirt at regulation length, hair tied back and clean shoes. We continue to celebrate our day after Mass in a variety of activities organised by the Leaders of House and the student leaders. This is an important community day and like any other school day, attendance in compulsory.

Disco

The disco will be held on Thursday 20th March in the ERC from 7pm so it is timely to include the dress code and rules. It is each parent’s responsibility to ensure that their daughter is dressed appropriately for a school disco whether they dress at home or at a friend’s house. If girls arrive dressed inappropriately or change during the night parents may be called to collect them.

The College rules regarding dress are:
- Tops and bottoms (shirts and pants/skirts) **must meet** hence there will not be any skin showing
- No cleavage and no backless or strapless tops
- **No short skirts, dresses or shorts.** Please note that the preferred skirt/dress length of the casual clothing worn by students outside school is considered too short for a school disco. **Shorts will be judged ‘too short’ if they do not have a distinct leg length** when measured from the crutch. Girls should wear tights underneath any shorts, skirts or dresses that may be considered too short
- **Shorts will be judged ‘too short’ if they do not have a distinct leg length**
• No high heels (stilettos) as they damage the floor in the ERC

Attendance rules are put in place to ensure that everyone has a safe and enjoyable evening:
• Students pay $10 to attend the disco. This covers the $7 entry fee into the ERC and a $3 donation to the charities supported by Year 12 and the College community. All students are provided with 3 raffle tickets and go into a draw for Erina Fair shopping centre vouchers to be drawn at College assembly the following Monday.
• St Joseph’s staff are only responsible for the girls from the College’s front gate in Russell Drysdale Street. If the girls are dropped off or picked up from anywhere else or not escorted to the gate, we cannot be held responsible for your daughter’s arrival or attendance at the disco.
• Girls are to enter St Joseph’s first, be signed in, dress checked and receive the symbol for the evening. They will then be eligible to attend the disco at St Edward’s.
• Only current students of the College may attend the disco. Ex-students or visiting relatives and friends are not permitted to attend. Students must bring their College ID with them.
• Glow sticks and chewing gum are not permitted.
• Students may not leave the disco unless accompanied by a parent.
• Parents are expected to collect their daughter promptly at 10.00pm. Parents are not to enter the disco area, but are to wait in the bus shelter area or outside the College grounds.
• Students may be breath tested as part of the entry procedure or during the evening if there is reasonable suspicion that alcohol has been consumed.

Students with an outstanding afternoon detention and students who have lost their privilege for disciplinary reasons are not permitted to attend the disco. If you have any questions or queries about dress or attendance at the disco please call me at the College.

Permission for students to leave early
Students are often required to leave school before the end of the day to attend an appointment. Parents are required to provide daughters with a written permission note that allows them to sign-out. An email or phone call to indicate permission is not acceptable. A parent signature on a note is essential please.

When students are late
It is an expectation of the College that students arrive to begin each day on time at 8.30am. We understand there are occasions when lateness is unavoidable, for example the unpredictable delays in public transport. We request that you provide a note for your daughter to present to Student Services when she signs in on such occasions. Notwithstanding these events, students are expected to arrive at school on time every morning. We ask for parent cooperation in this regard please, particularly if you are driving your daughters to school.

Head Lice
We repeatedly provide advice to parents about head lice. Yes, they are active again so we ask that you be vigilant and check your daughter’s hair on a regular basis. If head lice are found follow the advice of NSW Health with regard to treatment. Information can be found on the NSW Health website - http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx

If your daughter has head lice she must stay at home until it is treated. To reduce transmission between girls please encourage your daughter to arrive at school each day with her hair tied back.

Helen Love
Acting Assistant Principal

FROM THE LEADER OF RELIGIOUS EDUCATION

Project compassion 2014
Last week the season of Lent began with Ash Wednesday, which also marks the beginning of the annual Caritas Australia Project Compassion appeal. This year’s Project Compassion stories are about our desire for a full and beautiful life within the surroundings of home. Not just a house to live in, but a life filled with certainty, free from the burden of poverty with access to food, water, education, healthcare and shelter. Donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work towards this creation of a more just and fair world for whole communities.

Please put your compassion into action this Lent by supporting Project Compassion 2014.
**Annual CSO Diocesan Schools’ Staff Mass**

On Thursday afternoon March 13, 19 members of staff will travel to the Cathedral for the Annual CSO Diocesan Schools’ Staff Mass.

This is a wonderful occasion for all staff in the Diocese to come together for Eucharist and commit to another year of Catholic education for your sons and daughters. Staff new to the Diocese will be officially welcomed and staff who have been involved in catholic education for 25 years and longer will also be acknowledged. It should prove to be a very special experience for all.

**An Insight into Pope Francis**

If you click on the link below it will take you to an article in the National Catholic Reporter.


**FROM THE LEADER OF LEARNING AND TEACHING**

**Year 12 half-yearly examinations**

The Year 12 half-yearly examinations begin Monday 31st March. As the students are preparing for these examinations they may be feeling anxious which is perfectly normal and can even help them to perform better. Controlling levels of anxiety and worry so they do not become a problem and allow the student to effectively prepare for exams is important. The girls were given study tips and strategies at the recent Elevate Education presentation. Parents you can help your daughters to manage their stress by:

- encouraging an adequate number of hours sleep each night;
- eating a healthy and balanced diet;
- monitoring the level of caffeine (energy drinks, coffee, etc) in their daily lives as too much caffeine can affect overall concentration levels;
- ensuring some form of regular exercise is happening;
- balancing paid work and social commitments (as well as social media time) so as there is enough time for study each week; and
- reminding the girls to raise any questions or to discuss any concerns regarding the upcoming examinations with their teachers.

The Online Study Skills Handbook contains tips on effective preparation for examinations and summarising and test-taking techniques. Detailed information for parents and specific hints for students can be found in this excellent online study resource at www.studyskillshandbook.com.au, using the College login details below:

School login name: forsjcconly
School login password: 99results

**Study Skills Tip – 5 reasons not to put off starting Assignments/Assessment Tasks**

Here are 5 reasons why you should start working on your assignments immediately.

1. **Get your brain thinking about the Topic**

   Even if your assignment/assessment task isn’t due for weeks, start thinking about it on the day you receive the notification. Even if you are not thinking about it directly, your subconscious will be hard at work.

2. **Find Library resource**

   The College library may not be your only source of reference, however, you should drop in soon after receiving the assignment/assessment task. Your teacher may have alerted Mrs Powers, the college librarian, about the assignment/assessment task and reference books, magazines etc may be on display. Books, journals, magazines and websites can be a useful general overview and may help to clarify a direction as you begin the assignment. Log in to Destiny the library catalogue to search for books and all library resources at http://destiny.dbb.org.au

3. **Use online resource**

   It is not a good idea to only use Google! Ask your teacher or the librarian for additional direction on where to look for resource material for your assignment. Use the college library website LibGuides
http://libguides.sjcc.nsw.edu.au/home where all digital resources can be found in one location to help with your assessment task. Students can use LibGuides to conduct research and access Destiny, online databases and subject specific material.

4. Starting early means more time to explore & ask for help if needed
If you do some initial research on the assignment points you've identified through the library, references your teacher may have given you, school textbooks and general online databases, you could find yourself having more direction in your research. For example: Perhaps there isn't enough information, or perhaps you find you don't understand important concepts, or perhaps you need to speak to your teacher to get further clarity. If you find this out early, you will still have plenty of time to plan, research, write and present your assignment. Imagine if you didn't start your assignment for a week or so, and then discovered you needed more guidance. You could easily run out of time.

5. Create a safety net
Starting your assignment immediately will give you a safety net in case you get sick, or something unexpected happens. Assignments are usually given because they require more time; students must plan a strategy or schedule to ensure they are completed on time. You should always have a schedule that allows for the unexpected.
So get started today!

Kathy West
Leader of Learning and Teaching

FROM THE LEADER OF STUDENT WELLBEING

The school has been very busy so far this term. It could be said we have hit the ground running. Years 11 and 12 have had Elevate Education come in to give them an in-depth introduction on how to study. This was very well received by the girls. The vast majority of girls gained valuable skills to help them through to the HSC. I would like to take this opportunity to thank the parents who attended the Parent Evening we ran on Study Skills. We had an excellent roll up and again the parents who were there also gained valuable skills to help their daughters through the HSC.

Year 10 will be having their Elevate Education lecture on the 20th of March, so hopefully they will get as much out of this as the older girls did.

Breakfasts with St Vinnie's at Woy Woy started last Saturday morning. We had a great turnout in the rain and the Year 11 girls did an awesome job getting all the food ready. This week we are running the first of a series of cake stalls to help raise funds for the purchase of food for the breakfasts. Thanks to the Year 8 students who are involved in this.

Years 7 & 9 have been running a food drive for St Vinnie’s on the peninsular to make up hampers for Easter. This will run until week 7. Thanks to all the girls who have brought in non-perishable food for the drive. Again I am amazed at the generosity of our families.

Last week Year 10 Peer Mentors delivered a lesson to their Year 7 House Group on the history of the school. This is designed to give them a sense of belonging in knowing where the school has come from. Many of them were amazed by the photos of the old school uniforms and the nuns in their habits. They were also impressed to find out the school is over 100 years old!

Over the coming weeks Years 7, 8 and 9 will be going to camp. I hope all the girls enjoy their time at camp and that they challenge themselves to do something different. Thanks to all the teachers who will be attending camp with the girls.

A reminder to all parents that we are targeting lateness this semester and your daughters will receive a lunch detention if they arrive late without a reason. If they do this three times they will receive an afternoon detention. We are hoping we can make an impact on the girls’ punctuality which is something that will help them in the future.

May I please ask parents to support us with uniform by ensuring your daughters’ skirts are the correct length and that they are wearing the correct uniform. We do seem to have a problem with the senior girls and their bags. All students are required to have a College school bag. Some girls may need to look at replacing their bags as many seem to have broken as soon as they enter Year 11. Thank you.

Cathy Toby
Acting Leader of Student Wellbeing

FROM THE LEADER OF YEAR 11

The girls are now well into their preliminary courses and in the remaining weeks of Term 1 a number of Assessment Tasks will have to be completed.

Most students have made a very positive start to the year and they are applying themselves well to their new subjects. Last week at the Elevate Learning seminar the cohort would have been given a number of learning strategies and study tips to assist them with their courses. However, the secret to success is to plan a timetable to complete tasks and to stick to it. Remember there is no substitute for hard work, and the only time success comes before work is in the dictionary.
Year 11 need to be affirmed for the great work they are doing out of the classroom. Large numbers of girls have undergone after school training to assist with the St Vincent de Paul breakfasts on Saturdays at Woy Woy and this is a very important and rewarding service.

Similarly, our House Leaders have put in many hours preparing songs, banners and costumes to enrich the College Swimming Carnival which took place on Wednesday, this week.

Thank you to all parents who continue to support our uniform expectations. Finally I encourage you to ensure your daughter is on time to school each day as punctuality to class is an area where some students need to improve.

Last week’s form mass during Pastoral Lesson was a great experience in establishing a sense of community and inclusiveness that reinforced our message, we are all ‘Partners in Progress’

Terry Grubba
Leader of Year 11

FROM THE LEADER OF YEAR 10

This Year has commenced well for 2014 Year 10, with all girls settling in to their new classes as well as welcoming five new students to the cohort. There were 30 Year 10 Peer Mentor leaders who helped to orientate and welcome Year 7 and give a College history presentation. They did a fantastic job I might add! One of the peer mentors gave this account:

Last Friday, Year 10 Peer Mentor leaders were challenged with the task of creating and preparing a ‘St Josephs School History’ presentation for their Year 7 pastoral class. These presentations included information, photos and pictures from 1910, when the school began to 2014. Year 10 took on this task with great enthusiasm, striving to produce entertaining presentations. The Year 10s from Lonergan for example, happened to have some traditional nun’s costumes ‘lying around’ and used these to create the appropriate atmosphere while leading the girls through the school’s historic past. – Chloe Yr 10

Also two students had the opportunity to attend the RYPEN 2014 Camp for Rotary at Collaroy at the beginning of the year.

RYPEN 2014
Rypen 2014 (Rotary Youth Program of Enrichment) was an experience Emily and I will remember for the rest of our lives. Being put into a group with over 80 other Year 10 students we had never met was a new experience, but we embraced the challenge. On the weekend we learnt key leadership skills such as how to react in a stressful situation and completed a range of activities including a teamwork challenge, rope swing and a bomb diffusing task. We met so many wonderful people that we now call our friends and might not have ever met if we didn’t have this opportunity. Following the camp we both attended a Rotary Presentation night where we shared our experiences with our sponsors and benefactors and had a lovely dinner.

Kaylee W & Emily M

I would like to wish Year 10 a successful year with our theme for the year being just that –“Year 10 – Towards Success!” The girl’s seem to be very enthusiastic organising their assessment tasks with their Assessment Handbook (copies of which can be found on the school website). The girls will be signing their BOSTES confirmation of entry this week. As you are aware, there is no longer the School Certificate! We also have the subject selection for Year 11 coming up towards the end of Term 2 – 17 June ’14.

All the best to the Year 10 families of 2014 for health and happiness.

Ms Louise Nash
Year 10 Leader

FROM THE BUSINESS MANAGER

School Fees are now due
Fee instalments for all payment methods are now overdue. If you have not made payment towards your fees your account is in arrears. Could you please contact the College to correct your overdue account or to let us know when payment could be expected.

Absentee Notices
Can you please ensure that any note sent through to the College to explain your daughter’s absence from school, late arrival or request to leave early on a particularly day, comes with your daughter’s full name and pastoral class clearly identified. Without this information it is often difficult to determine the correct student to record the explanation against.

Nicole Murphy
Business Manager
FROM THE LEADER OF MATHEMATICS

Maths Tutorials
This year the Mathematics staff is again offering extra assistance after school to all students of the College. The sessions can be used for students requiring extra help with work covered in class, to assist them in catching up on work missed through absence or to help with the completion of homework and assignments. The sessions also provide a good opportunity for the girls to practise their Mathematical skills or to seek extra help as they prepare for assessments.

A Mathematics teacher will be available in Room 31 from 3:05pm to 3:50pm on Wednesdays. Students are welcome to come to the tutorials any time after 3:05pm and may leave prior to 3:50pm. Please note that tutorials may be cancelled at short notice eg due to staff meetings or staff absence, and will not run during the first and last weeks of any term.

Students are not required to stay for the whole session but must be comfortable that they have achieved their goal for that period of time. Students are to arrange their own transport with their parents when they have concluded their Maths session.

The Mathematics staff looks forward to seeing many students take advantage of this valuable resource.

Ruth Hayes
Leader of Maths

FROM THE LEADER OF SCIENCE

2014 has once again been a very busy start to the year with year 7 students settling into life in the labs along with our year 11 students developing their skills in their new subjects.

Year 7 has begun the year and the NSW Curriculum with our Welcome to Science unit which looks at safety, equipment and scientific method of investigating a problem. They have also completed their first assessment task which tested them on their new found skills.

Years 8-10 are currently working on their assessment tasks which range from body system board games to multimedia projects on non-infectious diseases linked to the systems studied.

Year 11 Biology have already ventured out on their field trip to the Caroline Bay mangroves ecosystem as part of their field study for the Local Ecosystem unit of work. They spent a whole day working on ecological techniques and calculating population estimates for the organisms that live there. A great, if muddy, day was had by all.

Congratulations to Courteney P who attended the National Youth Science Forum in January. She is in the process of applying for the International program which will take place just before her trial examinations. Good luck Courteney.

In the run up to half yearly examinations I would also like to wish year 12 Science students the best of luck with their revision and I hope all your hard work and effort rewards you with success.

There is a lot coming up in the coming weeks with students being chosen to attend the Science and Engineering Competition, attending Kick Start Physics at Sydney University and visiting Newcastle University for the Chemistry experiment fest.

Amanda Eades
Leader of Science
Help with Homework
It is assessment task time and there are many resources available to help your daughter with her research tasks.

The library website LibGuides is an excellent starting point. It offers information on how to research, which search engines to use and tips on effective Google searching. There are also subject guides with specific information for many subjects, and links to the wikispaces created by teachers. Access is via the college website or this direct link: http://libguides.sjcc.nsw.edu.au/home

LibGuides also provides access to a range of subscription services offered by the college library:

World Book Online Encyclopedia
The World Book web site offers an encyclopedia, dictionary, atlas, homework help, study aids, and curriculum guides. World Book is a reliable and trustworthy source of information for students.

- Username: sjcc
- Password: mackillop

Subscription databases
The college library subscribes to a number of online databases from EBSCO and GALE information providers. These databases offer full-text access to newspaper and magazine articles, journal and periodical articles, encyclopedias, reference books, image libraries and more. They are especially useful for senior students.

- Username: stjosephs
- Password: mackillop

Destiny
Destiny is the library catalogue and provides access to all of the above mentioned resources. Destiny is a searchable catalogue allowing students to search for books or carefully chosen websites which support their learning. In addition, Destiny provides access to the Online Bibliography Generator which assists students in providing a correctly formatted bibliography. Look for the link on the Destiny home page. For full access to Destiny students must log in, using their username and the word “password”.

Further help and assistance is always available in the college library.

Karen Powers
Teacher Librarian

Uniform Shop
College Blazers required for Term 2 are now available through the Uniform Shop which is open Monday and Friday mornings from 8am – 10am.

St Patrick’s Catholic Church - Catholics Returning Home Program, 76 York Street, East Gosford
- Are you a Catholic who now feels separated from your Church?
- Would you like to know more about the Catholic Church as it is today?
- Would you like to feel at home in the Catholic Church again?

No matter how long you have been away or for whatever reason, you are most welcome and we invite you to renew your relationship with the Catholic Church. Please come along on Monday March 10, 7.30-9.00pm at our Jordan Room at St Patrick’s. It will then continuing each Monday evening to March 31.

For further information please call 4325 1042. Email: patsgos@acs.net.au
Kik is a messaging app for smart devices such as smartphones, iPod touches and tablets. Once the app is downloaded the user can send texts, ‘stickers’, pictures, surveys and videos to other Kik users free of charge (other than normal data costs) – which is one of the reasons it is popular with kids. Kik states that users must be 17 years or older.

Kik users have a User Name to identify them; they don’t use their phone number. Some users share their User Names with each other on other platforms like Instagram to continue the chat privately.

Are there risks for my child?

Kik allows children to send messages to other users as they would with SMS. The main difference is that you might not know who they are messaging and in some cases they may not know who is messaging them. Kik also allows you to send messages and pictures to more than one user at a time.

What should my child do to protect themselves?

Ideally children should only message friends they know offline. If they are going to message strangers or ‘friends of friends’ they should keep their information including their phone number private. In the ‘privacy’ settings of Kik users can block people. Under the ‘notifications’ setting, users can choose whether to turn the ‘ignore new people’ on – the default is set to off.

Is there sexual and violent content on Kik?

The type of content your child will receive will depend on who they are sharing messages with. If they only message people they know the risk of being sent inappropriate content is the same as with normal messaging. If they seek out anonymous users, they may be subject to inappropriate content. Remember the Kik developers recommend use by those 17 years and over.

If my child is quite vulnerable should I stop them using Kik?

You know your child better than anyone else. If you are concerned about them you should keep a close watch on all their on and offline activities. If you feel they are in contact with anonymous users talk to them about your concerns.

How do I talk to my child about my concerns?

Be honest with them. Express your love and concern about what might happen. Ask if they have experienced bullying or sexual advances. Banning seldom works and children will find other ways to get online and may stop talking to you about issues to avoid getting in trouble. Keep the communication open. If they won’t talk to you about things, recruit a trusted family friend or family member to keep the communication going.

When should I be worried about my child?

If your child’s behaviour changes at home and/or school you should talk to them. Examples of changed behaviour could include disinterest in things they used to like, seeming very unhappy and/or their sleep and eating is being impacted. Seek professional advice if necessary from a school counsellor, your GP or a psychologist. If your child has particular vulnerabilities, be vigilant about their contacts offline and online. Help them join groups out of school where they can find friends and support. Talk to the school and make sure they are supported.

PARENT SEMINAR

The Digital Child
Apps for Learning & Creativity

- What is good gaming?
- Screen time: how much is too much?
- How to assess the educational quality of apps
- The top 10 apps for learning and creativity

As multiple users of technology, how can families support their preschool and primary aged children’s learning through digital technology?

Join Dr Kate Highfield

Teacher Educator - Institute of Early Childhood,
Macquarie University, who will present her current research on the use of technologies for learning and play.

THURSDAY 27 MARCH
Day: 9.15 – 10.45 am
St Mary’s Catholic School,
Main Rd, Toukley
Night: 7.30 – 9 pm
Our Lady Star of the Sea
Parish Hall,
Serpentine Rd, Terrigal

ALL WELCOME, NO COST - RSVP:
www.brokenbayparentcouncil.com

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