



JOEY'S JOURNAL

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Calendar Dates

September

- 4 BBSSSA - surfing & golf
Yr 9 Luna Park excursion
- 7 - 18
Yr 11 prelim exams
- 10 Yrs 9/10 PSS Biathlon
- 14 Yr 8 reflection day
- 15 YB Glider Yr 10 expo day
- 17 Youth ministry open day
Yr 10 YM classes
Yr 12 BBQ breakfast
Yr 12 farewell assembly
ERC p1-2
Yr 12 graduation
assembly & Mass - 7pm
- 18 RUOK day
School holidays

October

- 5 Labour day holiday
- 6 Yr 7 2016 Allwell testing
- 8 BYTE
- 12 HSC begins
- 14 Yr 9 reflection day
- 15-16 STUMP Yr 10
2016 student leaders
camp
- 16 Blood bank
YBG mentors to present
to IEU environment
conference
- 20 Yr 11 hospitality
excursion - p3-6
- 20-21 Yr 11 RE excursion
to Mosque
- 21 HSC 2016 info eve 7pm
- 22 Mission Mass
- 23 BBSSSA water polo @
Homebush

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A WORD FROM THE PRINCIPAL

Dear Parents, Students and Staff

Celebration of the Role of Fathers

This Sunday we celebrate Father's Day; a time to recognize the many sacrifices that our fathers make to help us become who we are. A good father is one who has strong values and promotes ideals for which to strive. A good father gives good example about hard work and striving for goals. A good father cares and gives time.

Congratulations to all the Dads and Step-Dads and Granddads who are working hard to be wonderful role models to their children.

Student Success

The past couple of weeks has shown just how talented many of our students are with some amazing success coming our way in a variety of competitions. All of our school community would be aware of the amazing success of Ellie Drennan (Year 11) who won the final of The Voice on Channel 9. She was a standout on the show and has won a recording contract as part of her winning prize. Her new single from the show is already making moves on iTunes. She has a wonderful career in front of her and we wish her all the best for her future.

Our choir recently competed in the Australian National Eisteddfod Championships in Canberra and won the Under 19 competition. They were up against choirs from universities and a range of schools from around the country. The performance of the girls was outstanding and they thoroughly deserve to be crowned National Champions.

One of our Future Problem Solving teams in Year 8 have won through to the national finals of FPS in Brisbane in October. We were one of only four NSW schools to progress. This is a great achievement particularly considering that this is our first attempt at this competition. If we win the National final the team would then progress through to the international finals in the USA. Our congratulations go to Michelle A, Hannah M, Rose P and Madeline S-B for this wonderful achievement.

Caitlin G (Year 11) has recently been selected for an experience of a lifetime. She has been selected to be the flag bearer for Australia at the Rugby World Cup in England in October. Part of her duties will be to lead the Australian team onto the field at Twickenham in front of 82 000 spectators. We wish Caitlin all the best for this amazing experience.



Year 12 Activities

During Week 10 of this term we will have a number of activities to farewell our Year 12 students. Tuesday 15th September will be Year 12's last day of lessons. On Thursday 17th September we will begin the day with a BBQ breakfast for our Year 12 students, followed by a whole school farewell assembly (beginning at 9am) to acknowledge the achievements of our Year 12 cohort. On Thursday evening we will celebrate with Year 12 their Graduation Mass and Awards Ceremony at Our Lady Star of the Sea Terrigal, beginning at 6pm.

I would like to wish all Year 12 students the very best for their last few days of formal education at St Joseph's and hope that the ceremonies organised by the college add to the excitement and the celebrations for these students. I would also like to congratulate and thank the parents of our Year 12 students and the staff of the college for all that they have done to help our girls achieve the milestone of completing their formal study for the Higher School Certificate.

Most of the hard work is now left up to the students as they prepare themselves for their HSC exams which begin on Monday 12th October.

Student Leadership Induction

On Thursday Week 8 we held our student leadership induction ceremony for our new leaders of 2016. It was a wonderful opportunity to celebrate and acknowledge the achievements of our 2015 leaders and to herald in the start of a new leadership group for 2016. Added to the assembly were a number of performances from some of our very talented students with drama pieces, musicians/singers and the College Choir all providing great entertainment to our school community. We were also very fortunate to have a past student, Sophie Jenkins (Year 12 class 2007) from Mary MacKillop International address the assembly and to give her insights into the qualities of effective leaders. Below is the address I gave to the school to welcome in our new leaders for 2016.

Good morning Fr Jim McKeon, Miss Sophie Jenkins, Mrs Patty Beattie, Ms Helen Love, Ms Nicole Harrison, Staff, Parents and Students. A particular welcome and acknowledgement goes to our newly elected student leadership group for 2016.

Today we have the wonderful opportunity to welcome, acknowledge and induct our new student leaders as they begin their roles as college leaders for the next 12 months.

To lead your classmates and the student community of St Joseph's Catholic College is both a privilege and an enormous responsibility. To be elected by your peers to be their representative in our school is something to treasure and to be very proud of. Your peers have obviously seen in you many great leadership qualities

such as compassion, determination, hope, trust, justice, courage and respect. They are entrusting in you the responsibility to continue to display these same qualities in the leadership roles you are accepting today.

It is well known that the art of leading is very much in the doing. I'm sure that you have all heard the expression that 'actions speak louder than words'. As a leader it is often not what you say that counts but what you do that has the biggest impact. To lead with words and then not back it up with actions is often seen as hypocritical. As a leader you quickly lose the respect and trust of those you lead if you are not true to your word. The challenge that we set our student leaders at St Joseph's Catholic College is to be true living examples of people with those qualities of compassion, determination, hope, trust, justice, courage and respect.

It is a big responsibility being a leader, but that responsibility is one that we are confident that our chosen leaders will all be able to live up to. Our college motto "Act Justly" speaks volumes for the importance of being a leader of action. It teaches us to be leaders in the way we do things, in the way we treat others and in the way set an example to others.

Our college prayer starts by asking for St Joseph and St Mary of the Cross to inspire and guide us as we lead with compassion, serve with respect, pray with hope and act justly.

It is these college values of compassion, hope, justice and respect that also direct and guide us on how to lead.

As leaders we ask you to be **compassionate** in the way in which you show care and consideration for others, in the way in which you look after those that most need your help and the way in which you support one another to make our college a place of acceptance and belonging for all.

As leaders we ask you to be **hope** filled, to look positively on your role as a leader and on the possible impact that you can have on our college. To be a person who recognises the potential in others and is always willing to give support to your fellow students. We ask that you bring an attitude full of hope to your leadership roles.

As leaders we ask that you always act with **justice** and consideration for others, to acknowledge those in need and to be willing to do something about supporting them. We ask that you act with justice in your decision making, you act with justice by involving and including others in your work and that you act with justice in the way in which you stand up for others, by the type of example that you set for younger students in the

school and by your willingness to step out of your comfort zone and to always be supportive of the college, in what we believe in and what we stand for.

As leaders we ask you to be **respectful** to your roles as student leaders of our college. To be respectful to the promises you make in your leadership pledge and to perform your duties with honesty and integrity. To be respectful to one another to make our college a place where every member of our community is valued for who they are.

I have great faith in the ability of our chosen students to accept the challenges that their leadership roles will bring. I have great confidence in their ability to lead our student body during the next 12 months to ensure that St Joseph's grows and develops as a college. The challenge that this group of leaders is given is to leave the college in a stronger and better position through their leadership than it was when they began their leadership roles.

The message for the rest of our students is that the strength of this leadership group does not come from the Captain or Vice-Captains or from the group itself, but instead the strength lies with the support they receive from you. I urge you all to get behind our leaders and to work with them in the roles they are inducted into today.

At this point I would like to acknowledge the wonderful work of our student leaders of 2015. Particular acknowledgement goes to Kellie-Anne G, Emily C and Samantha W for the exceptional way in which they have led our school community over the past 12 months. If their success is gauged by the impact they have left on our college then they have been incredibly successful in their roles. The support they have received from our House Leaders, SRC representatives, Peer Mentors, and Peer Tutors has enabled them to indeed lead with compassion, hope, justice and respect.

My best wishes and congratulations go to our College Captain for 2016; Rebecca E, and our College Vice-Captains for 2016 Tara W and Tegan T. I hope and pray that you, along with the rest of our student leadership group, grow and develop as individuals and as a group to become great role models for our students and great ambassadors of our college.

I'd like to finish with a quote on leadership from John Maxwell (an American pastor and author) when he said;

“Leaders become great, not because of their power, but because of their ability to empower others.”

Congratulations again to our new leaders, our prayers and support are with you as you begin your new roles.

Tony McCudden
Principal

FROM THE ASSISTANT PRINCIPAL

There is such a feel-good atmosphere around the college at present. The sun is brighter, weather warmer and our students have enjoyed success and been recognised for a variety of gifts, talents and service to the community. Congratulations to all our students especially the choir, Ellie, the Year 8 FPS team, Year 10 Yellow Bellied Glider Mentors who continue to be praised in dispatches from the project team, and Year 12 students for your major works and performance pieces. And that is just the past two weeks. Congratulations also to our 2016 student leaders inducted at last Thursday's assembly. We really do teach a wonderful group of students.

Student phones – our policy

Students are permitted to use phones at recess and lunch. However, they are not permitted to have phones accessible during class unless in exceptional circumstances such as when teachers permit them to take a photograph of board notes and or diagrams. Our code of classroom practice is for students to place phones face down on the desk or leave them in pockets as required by their individual teachers. Therefore, if a student chooses to use her phone in class to make or receive a call or text, play music or to 'google', she is expected when asked to hand her phone to the teacher who then hands it to Mrs Toby for safe keeping during the day. The student may collect her phone at the end of the day. Repeated breaches of this basic phone protocol may result in the student surrendering her phone to me at the beginning of each day until I can be confident she respects the very reasonable standard we have about phone use at the college.

We ask parents to support this code of classroom practice for phone use by not calling daughters during class. Please use recess (10.35 – 10.55) and lunch (12.35 – 1.15) for phone calls. If it is necessary to get urgent information to your daughter, particularly if it is likely to cause her distress, we ask that you call your daughter's Year Leader, the Leader of Student Wellbeing or me so that we can assist you and support your daughter. We will pass information to her in a timely and respectful manner.

Receiving that call saying 'Mum, I'm not feeling well'!

Parents often arrive at reception to collect daughters who have contacted them directly about feeling sick and wanting to go home. These students have not reported this to anyone at school so reception is completely unaware of the situation when parents arrive. The procedure students are to follow when feeling unwell at school is to report to their classroom teacher or Year Leader who refers them to sick bay. Our trained first aid office ladies discuss with the

student whether a short period of rest or a phone call to parent/carer is appropriate. Parents are always advised when their daughter reports to sick bay. We ask parents please to refer your daughter to student services so that she follows this procedure if she contacts you directly to come and collect her from school. Thank you for supporting this college procedure.

The next two weeks are dominated by farewell activities for Year 12 and Preliminary HSC examinations for Year 11. Thank you to all parents for your continuing engagement with and support of the college.

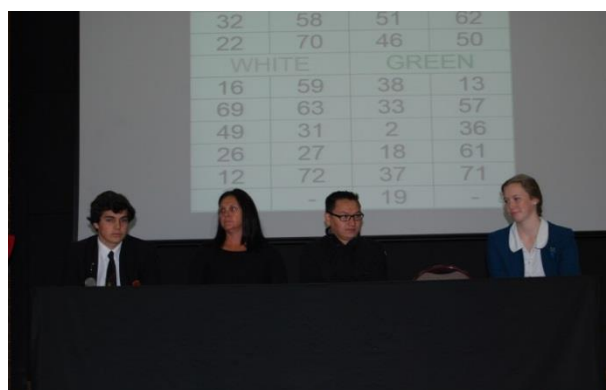
Helen Love
Assistant Principal

FROM THE RE LEADER

Q&A at East Gosford

On Friday the 28th of August the Year 12 2 Unit Studies of Religion class and some select Year 11 students were invited to St Edward's College by social justice convener Mr Pat Dell to join an interfaith and social justice seminar on the topics of Australian Indigenous issues, asylum seekers and refugees, and Islamophobia. We were exposed to a number of shocking statistics and harrowing accounts of the human experience by the question and answer panel. This panel consisted of Year 11 representative Hanna M, St Edward's College school captain Tom B, a woman of Aboriginal heritage Tracy Burraston, Anglican Priest Fr Rod Bower, and Zaki Hairani, an asylum seeker and Muslim. This was very insightful as a mix of diverse stories and opinions on the matter were presented to the audience. A key concept that resonated throughout was how we stop discrimination against Muslims and Indigenous Australians and protect human rights for asylum seekers and refugees. Hannah certainly spoke with passion and resolve, personifying our motto "Act Justly"! Overall this presentation was a positive experience for the students of St Joseph's Catholic College who were privileged enough to attend as the experience put everything into perspective. We realise more fully how lucky we are to live in a country such as Australia and the importance of standing up for the marginalised in society.

Emily P
Year 12



Nicole Harrison
RE Leader

FROM THE LEADER OF LEARNING AND TEACHING

Year 12

Year 12 is in their final weeks at the college completing courses and preparing for HSC examinations. This is a valuable time for course review and the opportunity to speak with class teachers in relation to study tips. Students can access HSC examination information, multiple-choice quizzes and past HSC papers with marking guidelines on the BOSTES website. UAC guides and information about post school options were given to Year 12 in the last fortnight. On-time university applications are to be entered online by 30th September - please speak with Mrs Wilkinson if there are questions about post school pathways. Best wishes to Year 12 as they complete the final part of their school journey.

Year 11 examinations

Below are some tips for Year 11 as they prepare and sit the upcoming final Preliminary course examinations:

- complete practice questions and revise class notes to reduce stress and help performance
- see teachers with any questions or concerns
- read all examination notifications carefully - know what you are expecting in each examination
- eat healthy food and do some form of exercise
- get sufficient sleep
- enjoy a sensible study /relaxation balance
- read the examination timetable carefully

Year 11 changing of course for their HSC

At the start of Term 4 some Year 11 students may decide to change their pattern of study for Year 12 by either picking up an extension/TAFE course and/or by dropping an existing course. Change of subject forms may be collected from my office from Week 10 Term 3. New timetables will be issued after Week 2 Term 4. Year 11 students must show they have made a genuine attempt to satisfactorily complete all course requirements in each of their current Preliminary subjects. Therefore, at this stage, focus should be on performing to their best in the examinations and not subject changes. The final examinations give information to assist in relation to the awarding of RoSA grades. Information about textbooks for HSC courses was sent home last week.

HSC 2016 information evening

On this night information packages will be distributed. We will discuss topics such as: the rules of the HSC; how the HSC mark is determined; how the ATAR is different to the HSC; attendance; disability provisions; assessment schedules; and support for student wellbeing over the next twelve months. There will also be the opportunity to ask questions while studying. We look forward to seeing all Year 12 students and their parents on the evening.

Year 7 – 10 interim reports

The HSC information evening will be held at the college on Wednesday 21st October 2015 at 6pm for all Year 11 students and their parents

Students in Years 7 – 10 will receive interim reports containing information about their commitment to learning in Term 3 before the end of term.

Kathy West
Leader of Learning and Teaching

FROM THE LEADER OF YEAR 12

As Year 12 students enter the final days of their time at St Joseph's things are becoming increasingly busy.

In the classroom teachers are delivering the finishing touches after mentoring the girls through their HSC courses. It is essential for all students to continue to attend classes to pick up last minute examination tips and to revise knowledge and skills which they may have covered earlier in their courses but need to revisit and refresh.

Much has happened in the last week. The major works in Art and Music were exhibited and performed on consecutive nights this week and the quality of work was amazing. The completed jobs in timber were also proudly displayed in Shekinah while in Drama their HSC monologues and group performances were marked on campus by the Board of Studies.

Not to be outdone, the Year 12 students and teachers organised a cake stall and BBQ to raise more funds for our chosen charity, UNHCR which is the Australia arm of the United Nation refugee Agency. The large number of helpers was great to see and even though the girls are focussed on their HSC it is important to remember that we still have to find time to help those less fortunate in our world.

Next week (Week 9) formal tickets will go on sale for our Graduation Dinner to be held at the Mantra, Southern Ettalong on Tuesday November 10th. Students can purchase up to four tickets each and they can be ordered at the finance office.

Students are reminded of the expectation for them to continue to adhere to the college uniform and grooming policies right up to their final day of school. I thank parents and students for your support in this matter and I look forward to the next few exciting final weeks leading up to your Graduation Mass and Awards day on Thursday September 17th.

Finally all students should have submitted paperwork to their Pastoral Teacher if they wish to receive a college reference and final submission for Gold, Silver and Bronze Awards will be September 9th.

Enjoy your last few weeks but continue to work hard until the end.

Terry Grubba

Leader of Yr 12

FROM THE LEADER OF CAPA

Term 3 has been an extremely busy term for the CAPA faculty. The term began with an entertaining showcase of Music, Art, Dance and Drama. Our MADD night revealed the talent of musicians, dancers, artists and dramatists in the school. Parents and friends braved the cold to witness a range of talent with many commenting on the high standard of contributions.

Our Music department appears to be winning at exemplary levels. Congratulations to Ellie Drennan for her outstanding achievement on *The Voice*. Thank you to the staff and students who have helped to support her through voting and encouraging Ellie in her amazing experience.

Congratulations also to Teresa Stephens, Linda Williams and Phil Rees and our Choir who travelled to Canberra to compete in the National Eisteddfod. This incredibly talented group are now national champions. The girls competed against a range of competitors some from musical colleges and university. The success of these students is realised through the dedication of not only the students but the teachers who support the choir in rehearsals, performances and tours.

Further testament to the talent in our music department was revealed recently when parents and friends were invited to view the Year 12 HSC music performances. The girls showcased a range of singing and instrumental styles throughout the night. The evening was highly entertaining and demonstrated the excellent guidance the girls have received through their teachers Kane Charles and Linda Williams. They are well prepared for their upcoming practical examination.

Year 12 Drama students also showcased their performances in a staged rehearsal evening. Parents and friends viewed a range of performances from group pieces to monologues. The class demonstrated a range of performance styles from Shakespeare, Tennessee Williams, Ancient Greek Theatre to modern Realism.

The evening prepared the students for the HSC marking of the practical component. Year 9 Drama students contributed well to book week inviting students from East Gosford Primary School to view performances based on children's books. The young audiences were both enthralled and entertained by the creative and talented interpretation of various children's texts.

St Joseph's Drama students were also involved in a community action event. A group of Year 10 Drama students took their issue based performance to The Entrance performing at the 'Day of Action against Sexual Assault'

Year 12 Visual Arts students showcased their HSC Body of Work in the ERC in preparation for HSC marking. The range of mediums and styles were truly expansive and innovative. Congratulations Julie Finneran and Michelle Snape in guiding and supporting such a range of extremely talented artists.

The term has been full of delightful events showcasing the amazing talent of St Joseph's students. It has been an incredible experience to witness and work with such creative individuals.

Sue Lockwood
Leader of CAPA

FROM CAREERS CORNER

Join our Team

Now hiring: Christmas Style Assistants. Do you live and breathe fashion?

Are you a team player who understands the importance of working together to achieve success?

Are you available every day from November 1st – January 31st?

Applying for your dream holiday job is as easy as 3 steps.

1. Head to colettehayman.com/careers and pick the Christmas Style Assistant job you want to apply for.
2. Submit your online video application answering four exciting questions about yourself (find out more on the website!) by Colette Hayman



PROCEEDS FROM THE DAY GO TO SUPPORT THE CHILDREN'S CANCER FOUNDATION

OPEN DAY

**SUNDAY
SEP 13
9AM-2:30PM**

WORKSHOPS

GET A WORKOUT, HAVE FUN & LEARN SELF DEFENCE IN OUR INTERACTIVE WORKSHOPS!



JUST WEAR CASUAL WORKOUT CLOTHES ONLY A GOLD COIN DONATION TO SUPPORT THE CHILDREN'S CANCER FOUNDATION

9:30 AM

KIDS MARTIAL ARTS/SELF DEFENSE

EVERY CHILD WHO PARTICIPATES WILL RECEIVE A FREE GIFT!

10:15 AM

HYPER PRO

WITH LEANNE JOHNSON
FORMER OCEANIA, AUSTRALIA & NSW KATA CHAMPION

11:00 AM

MUAY THAI / KICK BOXING

WITH LOUISE O'DONNELL
WORLD, COMMONWEALTH & AUSTRALIAN MUAY THAI CHAMPION

11:45 AM

BOXING

WITH STEVE UNTERHOLZEN
FORMER NSW AND SOUTH PACIFIC BOXING CHAMPION

12:30 PM

BJJ / MMA

GREKO ROMAN FREESTYLE

WITH KIERAN HEWETT
CHAMPION COACH

+ SAUSAGE SIZZLE

DOOR PRIZE

FREE GIFTS

ENTERTAINMENT

REPTILE SHOW

RAFFLES + MORE!

1:15 PM

ADULTS

HAND-TO-HAND COMBAT, WEAPON DISARMING AND PRESSURE POINT TACTICS

WITH GARY JOHNSON
FORMER DEFENSIVE TACTICS INSTRUCTOR, 8TH DEGREE BLACK BELT, 4TH DEGREE KYUSHOJITSU & MULTI AWARD RECIPIENT WITH OVER 42 YEARS EXPERIENCE

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